



Teacher Training: Human Sexuality Respectful Relationships & Consent We like to call it.. "HSRRC"

Professional Development sessions aimed at breaking down the most significant barriers to delivery of HSRRC education by class teachers in schools i.e. their lack of adequate training, confidence, skills & resource knowledge

Some of the age level appropriate content...

- Basic facts of Human Sexuality across the lifespan
- Childhood sexual behaviour and development
- Body parts and functions
- Puberty changes
- Sexuality Diversity i.e. Gender & Orientation
- Protective behaviours, Body Safety and relevance of technology
- Responding to inappropriate behaviour
- Conception & Contraception, Pregnancy, Birth STIs
- Focus on Respectful Relationships including the law
- What is Consent and how to teach it - it starts in the playground
- Gender based violence and disrespect
- Pornography and popular culture
- Friendships and partnerships
- Appropriate Social Sexual Behaviour



What teacher's say about it...

Brilliant training and presenter

This was so informative and your delivery was so engaging. I learnt so much

Thank you for your calm and informative presentation

The best Pd I've ever been to. Thank you so much

Thanks, inspiring and positive learning

Brilliant thanks Vanessa

Thank you! Thought provoking and insightful! Great presenter!

A brilliant day!!

Thanks for today!



Best PD I've ever been too. Would be great for final year uni students to do before they enter the progression to spark a culture change within the industry.

Thanks

Brilliant session, thank you

Incredible presentation!

Vanessa - you are so engaging and I love your PD sessions. Keep up the amazing work!

I loved today so helpful

I feel more confident about delivering sexuality education and I am eager to learn more.

Why Talking The Talk?

Presenter, Vanessa Hamilton is the founder of Talking The Talk Healthy Sexuality Education. With 25+ years experience as a sexual health nurse and 18 years as an educator, parent of 3 teens, she has had tens of thousands of conversations about sex and sexuality.

She is a highly respected and sought after author, speaker, writer and educator and has developed an online; Sexuality, Consent and Respectful Relationship, whole school approach resource, for schools, Talking The Talk Virtual classroom. It incorporates positive learning for not only students but for teachers and parents as well.

Successful, best practice,
whole school approach to HSRRC
Education delivery:

- Parent engagement
- Leadership commitment
- Teacher led capacity building model

Hours of training	Example times	2022 Cost: inc GST
90 mins	3.30 - 5.00pm	\$1,050
2	10:00am - 12:00pm	\$1,300
4	9:00am - 1:00pm or 8.30am - 12.30pm	\$2,300
6	9.30am - 3.30pm	\$3,300
8	8.30am - 4.30pm	\$4,300

Training Aims:

- Increase knowledge of HSRRC content
- Address common barriers i.e. language, confidence, comfort with topics
- Tips and skills for addressing curiosity and sexuality questions and conversations
- Identifying myths, fears, adult's values and beliefs
- Familiarity with curriculum requirements
- Lesson planning and contemporary resources access
- To develop an awareness & management of own personal attitudes and values
- Learn about society's attitudes, stereotypes and norms
- Supporting children while growing up in a sexualised, technological society
- How to implement a whole school approach including engaging parents